

# Living the EUCCHARIST



## How to best prepare for this amazing retreat:



### SETUP YOUR RETREAT SPACE FOR THE DAY!

- Make sure your computer/device is working and that you have a strong internet connection.
- Make your retreat space more sacred with candles and your favorite religious articles.
- Have a Bible and a journal ready.

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### PREPARE FOR THE HOLY HOUR!

- Signup for an in-person Holy Hour at a nearby parish. For a list of participating parishes and signup links, visit the 'About the Retreat' page of the retreat website.
- Or, watch a special, live-streamed, Holy Hour with the included link found in your email.



### SPEAKERS RESOURCES



*LivingTheEucharist2020*

### CHECK OUT THE RESOURCES AND PRAY!

- Visit the retreat website and check out the great video resources to help you spiritually prepare.
- Pray that God, through the Holy Spirit, will work in you throughout the retreat, and help you to more deeply encounter His Eucharistic Son, Jesus Christ.

For questions or to signup for an in-person Holy Hour, visit: [www.LivingTheEucharist2020.com](http://www.LivingTheEucharist2020.com)